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Tropea, the Pearl of the Costa degli Dei

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Overlooking the Tyrrhenian Sea, the village of Tropea enchants visitors with its white sandy beaches, turquoise waters, and a historic center full of alleys, churches, and ancient buildings. Famous for its local cuisine and spectacular sunsets, it is an unmissable gem of the Costa degli Dei.

Tropea is one of the most captivating gems of the Costa degli Dei, renowned for its white sandy beaches, crystal-clear waters, and historic center perched on a tuff cliff overlooking the sea. Legend has it that the city was founded by Hercules, while the earliest records of its name date back to the 5th century AD, reflecting cultural and architectural influences spanning centuries from the Romans, Byzantines, Normans, and Aragonese.

Tropea is easily accessible by car via the SS18 or the A2 motorway, with recommended exits at Pizzo or Vibo Valentia. By train, it can be reached at Tropea station, while the nearest airport is Lamezia Terme, connected to the Calabrian coast by bus and taxi services.
The historic village, with its maze of cobblestone alleys, noble palaces, and panoramic squares, offers unforgettable views and a deep Mediterranean atmosphere. Among the main attractions are the Sanctuary of Santa Maria dell'Isola, the city's iconic symbol perched on a rocky islet, and the Co-Cathedral of Maria Santissima di Romania, a fine example of medieval architecture.

The center also houses the Diocesan Museum and several ancient churches that tell centuries of history. Strolling through the streets of Tropea means immersing yourself in tradition: glimpses of stone houses, terraces, and viewpoints offer breathtaking views of the sea and fiery sunsets, while the staircase leading down to Spiaggia della Rotonda provides direct access to the clear waters beneath the town. The beaches of Tropea, such as the famous Spiaggia della Rotonda, Michelino Beach, and more secluded spots like Baia di Riaci, are perfect for swimming, sunbathing, snorkeling, and exploring seabeds teeming with marine life.

In summer, visitors can join boat excursions along the Costa degli Dei, including stops for swimming, snorkeling, and exploring natural caves, as well as mini-cruises to the Aeolian Islands. Beyond marine activities, Tropea serves as an ideal starting point for coastal excursions by dinghy or boat, nearby trekking routes, and cultural tours to explore neighboring villages and scenic landscapes.

The cuisine of Tropea is a story in itself: dishes tied to both sea and land, such as the freshest catch of the

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day, grilled swordfish, and pasta with seafood, are complemented by bold flavors like the famous Tropea Red Onion IGP, a key ingredient in many traditional recipes. Every meal is an immersion in the aromas and tastes of Southern Italy, completed by typical desserts and bergamot liqueurs.
No matter the season, Tropea offers a perfect blend of natural beauty, history, culture, and flavor. It is a destination that captures the hearts of all who visit, leaving a desire to return. Experience it to enjoy unforgettable moments amid crystal-clear waters, ancient alleys, and authentic flavors.

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